

BIO-DATA OF FOREIGN DOMESTIC WORKER (FDW)

*Please ensure that you run through the information within the Biodata as it is an important document to help you select a suitable FDW

(A) PROFILE OF FDW

Code: MS-1454

A1 Personal Information

LOAN: 4.5MONTHS

1. Name :LAL ENG PAR (EX SGP)

2. Date of birth: 10 FEB 2002 Age: 24 YEARS OLD

3. Place of birth: FALAM

4. Height & weight: 157 CM 45 KG

5. Nationality: MYANMAR

6. Residential address in home country: FALAM

7. Name of port / airport to be repatriated to: BKK

8. Contact number in home country: +95-

9. Religion: CHRISTIAN

10. Education level: 10 PASSED

11. Number of siblings: OBRO 2 SIS, NO:1

12. Marital status: SINGLE

13. Number of children:

- Age(s) of children (if any):

- Passport Status: READY



A2 Medical History/Dietary Restrictions

14. Allergies (if any): Nil

15. Past and existing illnesses (including chronic ailments and illnesses requiring medication):

	Yes	No		Yes	No
i. Mental illness	☐	☒	vi. Tuberculosis	☐	☒
ii. Epilepsy	☐	☒	vii. Heart disease	☐	☒
iii. Asthma	☐	☒	viii. Malaria	☐	☒
iv. Diabetes	☐	☒	ix. Operations	☐	☒
v. Hypertension	☐	☒	x. Others: <u></u>	☐	☒

16. Physical disabilities: Nil

17. Dietary restrictions: Nil

18. Food handling preferences: ☐ No pork ☐ No beef ☐ others:

19. Preference for rest day: 1 rest day(s) per month.

20. Any other remarks: _____

(B) SKILLS OF FDW

B1 Method of Evaluation of Skills

Please indicate the method(s) used to evaluate the FDW's skills (can tick more than one):

- ☐ Based on FDW's declaration, no evaluation/observation by Singapore EA or overseas training center
- ☐ /EA
- ☐ Interviewed by Singapore EA
 - ☐ Interviewed via telephone/teleconference
 - ☐ Interviewed via videoconference
 - ☐ Interviewed in person
 - ☐ Interviewed in person and also made observation of FDW in the areas of work listed in table

S/No	Areas of Work	Willingness Yes/No	Experience Yes/No If yes, state the no. of years	Assessment/Observation Please state qualitative observations of FDW and/or rate the FDW (indicate N.A. of no evaluation was done) PoorExcellent...N.A 1 2 3 4 5 N.A
1.	Care of infants/children Please specify age range:	YES	YES	TAKE CARE CHILDREN IN SINGAPORE. 4
2.	Care of elderly	YES	NO	WILLING TO TAKE CARE ELDERLY. 3
3.	Care of disabled	YES	NO	3 WILLING TO LEARN
4.	General housework	YES	YES	5 DO HOUSE WORK AT HOME EVERYDAY
5.	Cooking Please specify cuisines:	YES	YES	4 MYANMAR FOOD AND SIMPLE CHINESE FOOD
6.	Language abilities (spoken) Please specify: English	YES	YES	4 ENGLISH
7.	Other skills, if any Please specify:			

☐ Interviewed by overseas training center / EA(Please state name of foreign training center / EA:)

State if the third party is certified (e.g. ISO9001) or audited periodically by the EA

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(C) EMPLOYMENT HISTORY OF THE FDW

C1 Employment History Overseas

Date		Country (Including FDW's home country)	Employer	Work Duties	Remarks
From	To				
21.08.2025	09.11.2025	SINGAPORE	SINGAPORE	TAKE CARE CHILDREN AND DO HOUSE HOLD AND COOKING. NOT TRANSFERRED ONLY EMPLOYER NAME CHANGED.	3 months
09.11.2025	25.06.2026	SINGAPORE	SINGAPORE	TAKE CARE CHILDREN AND DO HOUSEHOLD AND COOKING.	7 months

C2 Employment History in Singapore

Previous working experience in Singapore

Yes ☒

No ☐

(The EA is required to obtain the FDW's employment history from MOM and furnish the employer with the employment history of the FDW. The employer may also verify the FDW's employment history in Singapore through WPOL using SingPass)

C3 Feedback from previous employers in Singapore

Feedback was/was not obtained by the EA from the previous employers. If feedback was obtained (attach testimonial if possible), please indicate the feedback in the table below:

	Feedback
Employer 1	
Employer 2	

(D) AVAILABILITY OF FDW TO BE INTERVIEWED BY PROSPECTIVE EMPLOYER

- ☐ FDW is not available for interview
☐ FDW can be interviewed by phone
☐ FDW can be interviewed by video-conference
☐ FDW can be interviewed in person

(E) OTHER REMARKS

WORKED 10 MONTHS IN SINGAPORE, DO HOUSE WORK AND COOKING,CAN DO ALL HOUSE WORK, CAN TAKE CARE CHILDREN AND ELDERLY.

LAL ENG PAR

FDW Name and Signature
07.07.2026

EA Personnel Name and Registration Number Date:

Employer Name and NRIC No.

Date:

IMPORTANT NOTES FOR EMPLOYERS WHEN USING THE SERVICES OF AN EA

- Do consider asking for an FDW who is able to communicate in a language you require, and interview her (in Person/phone/videoconference) to ensure that she can communicate adequately.
- Do consider requesting for an FDW who has a proven ability to perform the chores you require, for example, performing household chores (especially if she is required to hang laundry from a high-rise unit), cooking and caring for young children or the elderly.
- Do work together with the EA to ensure that a suitable FDW is matched to you according to your needs and requirements.
- You may wish to pay special attention to your prospective FDW's employment history and feedback from the FDW's Previous employer(s) before employing her.